

Thursday

Time	What	Who	How Much	Where	Contact
9.30-11.30 am	CATS playgroup	Pre- school	£1	Trinity Methodist Church Pelham Road Immingham	Diane Patrick via Church Website www.imminghamtrinity.co.uk
10-12noon	Adult Craft Sessions Card making, jewellery making seasonal crafts and much more no experience needed all materials provided	Over 18's	£5 per session	Immingham Library Civic Centre Hub	To book your place please contact Caroline Moorby on 01472323435 www.lincinspire.com
13.30 pm	Walk Well 15 minute walks followed by Tea and Biscuits walks are led by a registered volunteer health walk leader only registered assistance dogs allowed	All ages but under 16 years must be accompanied by an adult	Donations	Trinity Methodist Church	Richard Beaumont 01472231123
2-3 pm	Little readers	0-5 years	Free	Immingham Library Civic Centre Hub	No need to book just turn up www.lincsinspire.com
6-7pm	Taiko Drumming sessions Under age 11 must be accompanied	Age 8 + adults of all ages	£2	Oasis Academy Dance Studio	chair@onevoicecommunity.com 07513612964
6-8pm	Performing arts sessions	Age 11+adults of all ages	Free	Bert Boyden Centre	chair@onevoicecommunity.com 07513612964

6:15 pm – 7:15 pm	Bodywize Fitness Body Toning and Hiit Workout	12 – 100	£4 per class	Immingham Christian Centre	Nina Walker Email ninamwalker@icloud.com <hr/> Phone 07740 367250
6.30 -7.30	Boot camp fitness sessions with fat loss and toning exercises suitable for all fitness levels Just turn up, please bring plenty of water to keep hydrated	16 Years and over	£4	Royal Drive Field	Lee Costello 07540230994 lee_costello86@icloud.com
6.20pm till 9.15pm	Immingham Sea Cadets Fun activities for ages ranging from 10yrs old to 18 yrs old which include rowing and powerboating as well as fun weekend's.	10 – 18 years	£1.50 each night you attend or £10 monthly.	Immingham Lorry Park	Amanda Gollings Email Mand.g@live.co.uk Phone 07850591096
6:30pm – 9:15pm	866(Immingham) Squadron Royal Air Force Air Cadets A uniformed group with an age range from 12- 20years old	12yrs to 20 yrs	£2.50 per week	The Lorry Park, Pelham Road	Squadron Officer Commanding Email oc.866@aco.org Phone 01469573565
6.30 -10pm	Studio 1 (third Thursday of every Month) Film screenings at your community cinema refreshments available	18 years +	£4 per person	Civic Centre	brian.duke@ntlworld.com
7:30pm First Thursday in the month 7.30pm	Immingham Women's Institute Friendship, outings, monthly speakers, crafts	All ages Women Only	£3.50 as a visitor Annual subscription for members	Trinity Methodist Church Hall	Heather Hayes Email hayesh27@gmail.com 07796966588