

Monday Youth Activities

Time	What	Who	How Much	Where	Contact
6pm – 8pm	Immingham Youth group Arts Crafts, Games, Sports, Pool Discos	11 – 16 years	free	Old Library Building Pelham Road	Contact Climb 4 via their face book page for further details
7 – 9	Scouts 10-14 years old	6-8 years	£1.50 per night paid termly	Trinity Methodist Church	Email 2ndimmingham@gycscouts.org.uk
5.30-6.30pm	, Kickboxing.	Children age 6- 16 years	£3	Old Scout hut Highfield Ave	Shane Gostick 07402210167 email shanegostick@gmail.com
18.30-8.30pm	Fair play league football	12-19 years	free	Oasis Academy immingham	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
7.15-8:45pm	Immingham Girl Guides	10-14 years Girls	£3 weekly	Immingham Christian Centre Pelham Road	Register interest via website www.girlguiding.org.uk
6:30pm – 9:15pm	866(Immingham)Squadron Royal Air Force Air Cadets A uniformed group with an age range from 12-20years old	12yrs to 20 yrs	£2.50 per week	The Lorry Park, Pelham Road	Squadron Officer Commanding Email oc.866@aco.org phone 01469573565
7-8.30pm	Photography Group Learn skills and develop your existing skills The group meets indoors during winter months but visit community locations of interest on other times Please contact us for further details and confirmed meeting points	Over 11 and adults of any age	Free	Trinity Methodist Church or community locations	chair@onevoicecommunity.com 07513612964
7-9pm	Immingham Army Cadet Force	12 years (must be in year 8 at school) – 18		Immingham Army Cadet Hut opposite County	Lynnete Newman 07521909558

	Shooting, map reading, first aid, leadership skills and much more	years old both boys and girls		Hotel.	
7-9pm	COMMA , Combat Street Arnis, Thai boxing, striking, Kickboxing.	Children over 16 years and adults of any age	£4.50	Old Scout hut Highfield Avenue	Shane Gostick 07402210167 email shanegostick@gmail.com

Tuesday Youth Activities

6-7pm	Dance Fitness A dance cardio fitness session suitable for all abilities	Age 14 year-Adults	Free	Trinity Methodist Church	Email: chair@onevoicecommunity.com
6.30-7.30pm	Football sessions	11-13 years	free	Oasis Academy immingham	Grimsby town foundation Email: office@grimsbytownfoundation.co.uk
7.30-8.30pm	Football sessions	14-17 years	free	Oasis Academy immingham	Grimsby town foundation Email: office@grimsbytownfoundation.co.uk
6.30pm - 8pm	Pilgrim sounds Music production session delivered by Freestyle Academy	11-16 years	Free	Civic Centre Pelham Road	chair@onevoicecommunity.com 07513612964 Or info@freestyleacademy.org.uk 07999493147
6.30 - 7.30	Fitness sessions with fat loss and toning exercises suitable for all fitness levels. Just turn up, please bring plenty of water to keep Hydrated	16 Years and over	£4	Eden	Lee Costello 07540230994 lee_costello86@icloud.com Private personal training sessions are also available please contact Lee for further information
6:30 – 9:15pm	866(Immingham) Squadron Royal Air Force Air Cadets A uniformed group with an age range from 12-20years old	12yrs to 20 yrs.	£2.50 per week	The Lorry Park, Pelham Road	Squadron Officer Commanding Email oc.866@aco.org Phone 01469573565

7.30-9.30pm	COMMA, Street Combat Aikido	Adults of any age	£4.50	Old scouts hut Highfield Avenue Imm	Sensei Craig Peacock 07402215819 email Aikimarra@hotmail.com
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Wednesday Youth Activities

6.45-7.45 pm	Unique academy of Dance fun dance class	Age 10 years and over	£4.50	Immingham Christian Centre Pelham Road	Contact Becky Wishart Facebook: Unique academy of dance Tel: 07718215885 Web: www.uniqueacademyofdance.co.uk
7-8.30pm	Hope Community Youth group Fun activities crafts, pool table music, games refreshments provided	Age 11-16 years	Free	Old library Building Pelham road	hopecommunityimmingham@gmail.com Phone 07513612964
5.30-6.30pm	Kick Boxing class	Age 6-16 years	£3	Old scouts hut Highfield avenue	
5.30 -6.30pm	1 st Habrough Guides	10-17 years	£2 weekly	Habrough Village hall	Marilyn Tucker m.tucker3@ntlworld.com
7-9pm	Immingham Army Cadet Force Shooting, map reading, first aid, leadership skills and much more	12 years (must be in year 8 at school) – 18 years old both boys and girls		Immingham Army Cadet Hut opposite County Hotel.	Lynnete Newman 07521909558
7-9pm	COMMA, Combat Street Arnis, Phillipino Martial arts	16 years and adults	£4.50	Old Scout hut Highfield Avenue	Shane Gostick 07402210167 email shanegostick@gmail.com
Varied times please contact for details	Immingham Town Football Club Training night	16+	£3 per session	Woodlands football ground	Email immtownfc@gmail.com

Thursday Youth Activities

5.30- 6.30 pm	Taiko Drumming sessions Under age 11 must be accompanied	Age 11 + adults of all ages	Free	Old Library building Pelham road	chair@onevoicecommunity.com 07513612964
6:15 pm – 7:15 pm	Bodywize Fitness Body Toning and Hiit Workout	12 – adults	£4 per class	Immingham Christian Centre	Nina Walker Email ninamwalker@icloud.com Phone 07740 367250
6.30- 7.30 pm	Fitness sessions with fat loss and toning exercises suitable for all fitness levels. Just turn up, please bring plenty of water to keep Hydrated	16 Years and over	£4	Eden Margaret street Immingham	Lee Costello 07540230994 lee_costello86@icloud.com Private personal training sessions are also available please contact Lee for further information6-6.45 am
18.30-8.30pm	Fair play league football	12-19 years	free	Oasis Academy Immingham	Grimsby town foundation Email: office@grimsbytownfoundation.co.uk
6.20pm till 9.15pm	Immingham Sea Cadets Fun activities for ages ranging from 10yrs old to 18 yrs old which include rowing and powerboating as well as fun weekend's.	10 – 18 years	£1.50 each night you attend or £10 monthly.	Immingham Lorry Park	01469572770 imminghamscc@gmail.com
6:30pm – 9:15pm	866(Immingham)Squadron Royal Air Force Air Cadets A uniformed group with an age range from 12-20years old	12yrs (must be school year 8) to 20 yrs	£2.50 per week	The Lorry Park, Pelham Road	Squadron Officer Commanding Email oc.866@aco.org Phone 01469573565
6.30-8.30pm	Comma Street Combat Aikido	Children	£3 per week	High field avenue old scouts hut	Sensei Craig Peacock 07402215819 email Aikimarra@hotmail.com

Friday Youth Activities

6-8.30 pm	Games Night Fun evening for all board games, quizzes and much more refreshments provided	All ages and adults Under 11 must be accompanied by an adult	Free	Old Library Building Pelham road	chair@onevoicecommunity.com 07513612964
6.30-7.30pm	Multi Sports sessions	11-13 years	free	Oasis Academy immingham	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
7.30-8.30pm	Multi Sports sessions	14-17 years	free	Oasis Academy immingham	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk

Saturday/Sunday Youth Activities

Varied Times	Immingham Pilgrims AFC Football please contact for details of opportunities to play on a team	Age 11 – 16 year olds	Weekly Subscriptions and a membership fee	Roval Drive	Kim Leach Email: kleach1@hotmail.com
10.30 -12 noon	Wasps Rugby sessions	School year 5 to year 9's	Free to attend	Eastfield School	Contact Andy 07877424319 Or via their face book page

Please note these activities may change and we advise you contact the main contact to confirm details