# Monday Youth Activities

Time	What	Who	How Much	Where	Contact
6pm – 8pm	Immingham Youth group Arts Crafts, Games, Sports, Pool Discos	11 – 16 years	free	Old Library Building Pelham Road	Contact Climb 4 via their face book page for further details
7 pm– 9pm	Scouts 10-14 years old	6-8 years	£1.50 per night paid termly	Trinity Methodist Church	Email 2ndimmingham@gycscouts.org.uk
5.30-6.30pm	, Kickboxing.	Children age 6- 16 years	£3	Old Scout hut Highfield Ave	Shane Gostick 07402210167 email shanegostick@gmail.com
6.30-7.30pm	Fair play league football	School Year 7 & 8	free	Oasis Academy immingham	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
7.30-8.30pm	Fair play league football	School Year 9 – age 19	free	Oasis Academy immingham	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
7.15-8:45pm	Immingham Girl Guides	10-14 years Girls	£3 weekly	Immingham Christian Centre Pelham Road	Register interest via website <u>www.girlguiding.org.uk</u>
6:30pm – 9:15pm	866(Immingham)Squadron Royal Air Force Air Cadets A uniformed group with an age range from 12-20years old	12yrs to 20 yrs	£2.50 per week	The Lorry Park, Pelham Road	Squadron Officer Commanding Email <u>oc.866@aco.org</u> phone 01469573565
7- 8.30pm	Photography Group Learn skills and develop your existing skills The group meets indoors during winter months but visit community locations of interest on other times Please contact us for further details and confirmed meeting points	Over 11 and adults of any age	Free	Trinity Methodist Church or community locations	chair@onevoicecommunity.com 07513612964

7-9pm	Immingham Army Cadet Force	12 years (must be in year 8 at	-		Lynnete Newman
	Shooting, map reading, first aid, leadership skills and much more	school) – 18 years old both boys and girls		opposite County Hotel.	07521909558
7-9pm	COMMA , Combat Street Arnis, Thai boxing, striking, Kickboxing.	Children over 16 years and adults of any age	£4.50	Old Scout hut Highfield Avenue	Shane Gostick 07402210167 email shanegostick@gmail.com

#### **Tuesday Youth Activities**

6-7pm	Dance Fitness A dance cardio fitness session suitable for all abilities	Age 14 year- Adults	Free	Trinity Methodist Church	Email:chair@onevoicecommunity.com
67 pm	GTF Football sessions	School Year 7 – 9	free	-	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
7-8 pm	GTF Football sessions	School Year 10 – 13	free		Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
6.30pm - 8pm	Pilgrim sounds Music production session delivered by Freestyle Academy	11-16 years	Free	Civic Centre Pelham Road	chair@onevoicecommunity.com 07513612964 Or info@freestyleacademy.org.uk 07999493147
6.30 - 7.30	Fitness sessions with fat loss and toning exercises suitable for all fitness levels. Just turn up, please bring plenty of water to keep Hydrated	16 Years and over	£4	Eden	Lee Costello 07540230994 <u>lee_costeelo86@icloud.com</u> Private personal training sessions are also available please contact Lee for further information

6:30 – 9:15pm	866(Immingham)Squadron Royal Air Force Air Cadets A uniformed group with an age range from 12- 20years old		£2.50 per week	The Lorry Park, Pelham Road	Squadron Officer Commanding Email <u>oc.866@aco.org</u> Phone 01469573565
7.30- 9.30pm	COMMA, Street Combat Aikido	Adults of any age	£4.50		Sensei Craig Peacock 07402215819 email <u>Aikimarra@hotmail.com</u>

#### Wednesday Youth Activities

6.45-7.45 pm	Unique academy	Age 10 years and	£4.50	Immingham	Contact Becky Wishart
	of Dance	over		Christian Centre	Facebook: Unique academy of dance
	fun dance class			Pelham Road	Tel: 07718215885
					Web: www.uniqueacademyofdance.co.uk
7-8.30pm	Hope Community	Age 11-16 years	Free	Old library	
	Youth group			<b>Building Pelham</b>	hopecommunityimmingham@gmail.com
	Fun activities crafts,			road	
	pool table music, games refreshments				Phone 07513612964
	provided				
5.30-6.30pm	Kick Boxing class	Age 6-16 years	£3	Old scouts hut	Shane Gostick 07402210167 email
·	Ū			Highfield avenue	shanegostick@gmail.com
5.30 -6.30pm	1 <sup>st</sup> Habrough	10-17 years	£2 weekly	Habrough	Marilyn Tucker
	Guides			Village hall	m.tucker3@ntlworld.com
7-9pm	Immingham Army	12 years (must be		Immingham	Lynnete Newman
	Cadet Force	in year 8 at		Army Cadet Hut	
	Shooting, map	school) – 18 years		opposite County	07521909558
	reading, first aid,	old		Hotel.	
	leadership skills	both boys and			
	and much more	girls			
7-9pm	COMMA, Combat	16 years	£4.50	Old Scout hut	Shane Gostick 07402210167 email
	Street Arnis,	and adults		Highfield	shanegostick@gmail.com
	Phillapino Martial			Avenue	

	arts				
Varied times	Immingham Town	16+	£3 per session	Woodlands	Email
please contact	Football Club			football ground	Immtownfc@gmail.com
for details	Training night				innitowneeginal.com

# **Thursday Youth Activities**

5.30- 6.30 pm	Taiko Drumming sessions Under age 11 must be accompanied	Age 11 + adults of all ages	Free	Old Library building Pelham road	<u>chair@onevoicecommunity.com</u> 07513612964
6:15 pm – 7:15 pm	Bodywize Fitness Body Toning and Hiit Workout	12 – adults	£4 per class	Immingham Christian Centre	Nina Walker Email ninamwalker@icloud.comPhone 07740 367250
6.30- 7.30 pm	Fitness sessions with fat loss and toning exercises suitable for all fitness levels. Just turn up, please bring plenty of water to keep Hydrated	16 Years and over	£4	Eden Margaret street Immingham	Lee Costello 07540230994 lee_costeelo86@icloud.com Private personal training sessions are also available please contact Lee for further information6-6.45 am
6 – 7 pm	Premier league Kicks football	School year 3-6	free	Oasis Academy Immingham	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
7 – 8 pm	Premier league Kicks football	School year 7-13	free	Oasis Academy Immingham	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
6.20pm till 9.15pm	Immingham Sea Cadets Fun activities for ages ranging from 10yrs old to 18 yrs old which include rowing and powerboating as well as fun weekend's.	10 – 18 years	£1.50 each night you attend or £10 monthly.	Immingham Lorry Park	01469572770 imminghamscc@gmail.com

6:30pm – 9:15pm	866(Immingham)Squadron Royal Air Force Air Cadets A uniformed group with an age range from 12-20years old	12yrs (must be school year 8) to 20 yrs	£2.50 per week	The Lorry Park, Pelham Road	Squadron Officer Commanding Email oc.866@aco.org Phone 01469573565
6.30-8.30pm	Comma Street Combat Aikido	Children	£3 per week	High field avenue old scouts hut	Sensei Craig Peacock 07402215819 email <u>Aikimarra@hotmail.com</u>

### **Friday Youth Activities**

6-8.30 pm	Games Night Fun evening for all board games, quizzes and much more refreshments provided	All ages and adults Under 11 must be accompanied by an adult	Free	Old Library Building Pelham road	<u>chair@onevoicecommunity.com</u> 07513612964
4-5 pm	Multi Sports sessions	11-13 years School years 7-9	free	Oasis Academy immingham	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk
5-6 pm	Multi Sports sessions	14-17 years School years 10-13	free	Oasis Academy immingham	Grimsby town foundation Email:office@grimsbytownfoundation.co.uk

### Saturday/Sunday Youth Activities

Varied	Immingham Pilgrims AFC	Age 11 – 16 year	Weekly	Roval Drive	Kim Leach
Times	Football please contact for details of opportunities to play on a team	olds	Subscriptions and a membership fee		Email: kleach1@hotmail.com
10.30 -12 noon	Wasps Rugby sessions	School year 5 to year 9's	Free to attend	Eastfield School	Contact Andy 07877424319 Or via their face book page

Please note these activities may change and we advise you contact the main contact to confirm details